

CB-BK WE1 2026: Session: 5: COACH evaluation sheet for TEAM: LSC

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 33: 800M FREESTYLE WOMEN 13-14

Heat:2, starttime: 09:30

Heat: 2/3 Lane : 5 Athlete: QUENTIN CAMILLE

Q-time: 10:09:38

PB (50m pool): 10:09.38 Ottignies Louvain-La-Neuve 07/06/2026 PB (25m pool): no time SB: 10:09.38 Ottignies Louvain-La-Neuve 07/06/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.81	01:14.05	01:53.05	02:31.52	03:10.76	03:48.57	04:27.44	05:05.98
	00:34.81	00:39.24	00:39.00	00:38.47	00:39.24	00:37.81	00:38.87	00:38.54
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:45.00	06:22.88	07:00.97	07:39.45	08:18.16	08:56.09	09:33.89	10:09.38
	00:39.02	00:37.88	00:38.09	00:38.48	00:38.71	00:37.93	00:37.80	00:35.49
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE WOMEN 13-14

Heat:4, starttime: 11:23

Heat: 4/8 Lane : 6 Athlete: ALEVIZOPOULOS MYRTO

Q-time: 03:02:41

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback: